

**For This I Have Jesus**  
**November 8, 2020**

**1. Jesus took a break from the crowds to be still with God.**

**Matthew 8:18**, *“When Jesus saw a crowd around Him, He gave orders to depart to the other side of the sea.”*

**Psalm 46:10**, *“Cease striving and know that I am God.”*

**Philippians 4:6**, *“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.”*

**2. If we’re experiencing anxiety, stress, or fear it’s usually a sign that our priorities are out of alignment with God’s priorities.**

**Matthew 6:27-28; 31-33**, *“Who by being worried can add a single hour to his life? Why are you worried...? Do not worry... Your heavenly Father knows what you need. Seek first His kingdom and His righteousness, and all these things will be added to you.”*